

**INDIAN COUNCIL OF AGRICULTURAL RESEARCH
KRISHI BHAWAN : NEW DELHI**

F. No. 21-20/2009-CDN

Dated the 1st Dec. 2010

ENDORSEMENT

The Government of India, Ministry of Personnel Public Grievances & Pensions (DOPT) has issued the O.M. No. S.11015/2/2008-CGHS Desk-II dated 29.7.2010 regarding Preventive Health-Check-up of CGHS beneficiaries above the age of 40 years. The above mentioned O.M. is being uploaded on the ICAR Web-Site www.icar.org.in for information and further guidance.

(J.N. BHAGAT)

Under Secretary (C&E)

DISTRIBUTION :-

I ICAR Research Institutes etc :-

1. All Directors/Project Directors of all ICAR Institutes/National Research Centres/Bureaux.
2. Project Coordinators/Coordinated Res. Projects/Zonal Project Coordinators **located only at Delhi/New Delhi.**

II ICAR Headquarters :-

1. OSD to DG, ICAR/PPS to Secretary, ICAR/PS to FA (DARE).
2. Chairman ASRB/ND, NAIP/Director(DIPA), Pusa, New Delhi.
3. All Deputy Director General of ICAR.
4. Director(Fin.)/ Dir.(A&C)/Dir.(P.)/DS (GAC), ICAR.
5. Shri Hans Raj, ISO, (DIPA) KAB-I for putting in the ICAR Web-Site.
6. ADG (PIM)/ADG (CDN)/Proj. Dir. (DIPA) of ICAR.
7. All officers/sections at ICAR Krishi Bhawan/KAB – I & II.
8. Secy. (Staff Side), HJSC, ICAR, Krishi Bhawan.
9. Guard file/Spare copies (10).

1/3

No:S.11015/2/2008-CGHS Desk II
Government of India
Ministry of Health & Family Welfare
Department of Health & Family Welfare

Nirman Bhawan, Maulana Azad Road
New Delhi 110 108 dated the 25 July, 2010

OFFICE MEMORANDUM

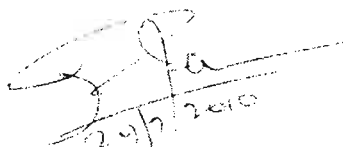
Subject: **Preventive Health-Check-up of CGHS beneficiaries above the age of 40 years.**

The undersigned is directed to state that CGHS has been providing medical care facilities to all its beneficiaries through dispensaries in 25 cities, Government hospitals, polyclinics and through private hospitals and diagnostic centres empanelled under CGHS. A suggestion was made that the CGHS can play pro-active role in providing medical facilities to its beneficiaries by providing for preventive health check-up of its beneficiaries above specified age. The suggestion has been examined in the Ministry of Health & Family Welfare and it was decided to implement a preventive check-up scheme of all CGHS beneficiaries above the age of 40 years with effect from 24th February, 2010. Presently, the check-up has been introduced in two dispensaries in Ramakrishna Puram (in Sector XII and Sector IV). The scheme is voluntary to CGHS beneficiaries. To avail this facility, beneficiaries of these dispensaries can register themselves in their respective dispensaries. The following tests would be carried out:

Male	Female
Hb, Blood Sugar (Fasting & PP); LFT; KFT; T3 T4 TSH; Lipid Profile and ECG	Hb, Blood Sugar (Fasting & PP); LFT; KFT; T3 T4 TSH; Lipid Profile, ECG and VAP Smear

2. After investigations, the beneficiaries will undergo history taking, general examination, eye examination and gynecological examination. They are then examined by a medical specialist and based on the investigations, general, systemic, eye and gynecological examinations, the beneficiaries would be advised on the follow-up and further examination /treatment by specialists.

3. Beneficiaries intending to get the health check-up need not get prior permission from their respective Ministries / Departments. The cost of getting the health check-up is Rs. 800/- (Rupees Eight hundred only) in respect of male beneficiary and Rs. 900/- (Rupees Nine hundred only) in respect of female beneficiaries. The expenditure incurred by serving employees and their eligible members may be reimbursed by the Ministry / Department in which they are working.


25/7/2010

- 2 -

4. This issues with the concurrence of IFD, Ministry of Health & Family Welfare By
No: 4656/AS&FA/20.07.2009 dated the 3rd December, 2009


(R Ravi)
Director
[Tel: 2306 3483]

To

1. All Ministries / Departments, Government of India
2. Director, CGHS, Nirman Bhavan, New Delhi
3. All Pay & Accounts Officers under CGHS
4. Additional Director (Hqrs) / Additional Director (SZ) CGHS, New Delhi
5. JD(Gr.)/JD(R&H), CGHS Delhi
6. CGHS Desk-I/Desk-II/CGHS-I/CGHS-II, Dte GHS Nirman Bhavan New Delhi
7. Estt. I / Estt. II / Estt. III / Estt. IV Sections, Ministry of Health & Family Welfare
8. Admn. I / Admn. II Sections of Dte GHS
9. Rajya Sabha / Lok Sabha Secretariat
10. Registrar, Supreme Court of India / Delhi High Court New Delhi
11. U.P.S.C.
12. Finance Division
13. Deputy Secretary (Civil Service News), Department of Personnel & Training,
5th Floor, Sardar Patel Bhavan, New Delhi.
14. PPS to Secretary (H&FW), Ministry of Health & Family Welfare
15. PPS to Secretary (AYUSH)/ Secretary (Aids Control) / Secretary (Health Research)
16. PPS to DGHS/ AS&FA / AS (A) / AS&MD, NRHM
17. Swamy Publishers (P) Ltd., P. B. No. 2468, R. A. Puram, Chennai 600028
19. Shri Umraomal Purohit, Secretary, Staff Side, 13-C, Ferozshah Road New Delhi
20. All Staff Side Members of National Council (JCM) (as per list attached)
21. Office of the Comptroller & Auditor General of India, 10 Bahadur Shah Zafar
Marg, New Delhi
22. All Officers / Sections / Desks in the Ministry
23. Director (Technical), NIC, Min. of Health & Family Welfare, Nirman Bhavan
New Delhi with the request to upload this OM on the Ministry's website
24. Office order Folder
25. Guard File