



त्रिलोचन महापात्र, पीएच.डी.

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सचिव एवं महानिदेशक

**TRILOCHAN MOHAPATRA, Ph.D.**

FNA, FNASc, FNAAS

SECRETARY & DIRECTOR GENERAL

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कृषि अनुसंधान और शिक्षा विभाग एवं  
भारतीय कृषि अनुसंधान परिषद  
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GOVERNMENT OF INDIA  
DEPARTMENT OF AGRICULTURAL RESEARCH & EDUCATION  
AND

INDIAN COUNCIL OF AGRICULTURAL RESEARCH  
MINISTRY OF AGRICULTURE AND FARMERS WELFARE  
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**D.O. No. 21-7/2016-CDN**

**Dated the 1<sup>st</sup> June, 2016**

*Dear Colleagues,*

As you are aware, we are celebrating International Day of Yoga on the 21<sup>st</sup> June, 2016. In this regard, a D.O. letter No. S-11012/34/2016-IEC dated 19<sup>th</sup> April, 2016 received from the Secretary, GOI, Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy has been uploaded on the ICAR website [www.icar.org.in](http://www.icar.org.in) and e-office for information, guidance and compliance.

In the above context, it has been decided to take forward the momentum created by International Day of Yoga, 2015 with greater and more active participation of youth during the current year celebrations. For this purpose, the Common Yoga Protocol (CYP) developed last year has been further revised. A copy of booklet of Common Yoga Protocol (in Hindi & English) is available on the Ministry's website: [www.indianmedicine.nic.in](http://www.indianmedicine.nic.in). Events befitting above celebration like Yoga Fests, seminars, workshops, musical and cultural programme based on Yoga, may be included.

The celebration of International Day of Yoga would involve a very elaborate training programme on Common Yoga Protocol for Mass Yoga performance as well as discourses, lectures and talks by eminent yoga experts.

Accordingly, all ICAR Institutes are directed to prepare a detailed action plan for celebrating the International Day of Yoga. The event may be documented in the form of photographs and video clips and may be sent to the Council. A Nodal Officer may also be nominated for the said purpose by every Institute.

*With regards,*

**Yours sincerely,**

  
( T. MOHAPATRA )

**Distribution:**

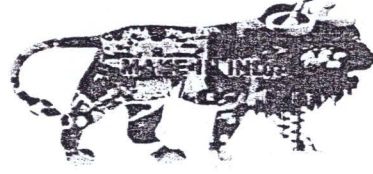
1. Directors of ICAR Institutes / Bureaux / NRCs / Directorates / ATARIs
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3. PD, DKMA, ICAR

**Copy for information and necessary action to :**

- (i) Deputy Directors General, ICAR
- (ii) Assistant Directors General, ICAR



सत्यमेव जयते



अजीत मोहन शरण  
AJIT M. SHARAN

सचिव

भारत सरकार

आयुर्वेद, योग व प्राकृतिक चिकित्सा  
यूनानी, सिद्ध एवं होम्योपैथी (आयुष) मंत्रालय  
आयुष भवन, 'बी' ब्लॉक, जी.पी.ओ. कॉम्पलेक्स,  
आई.एन.ए. नई दिल्ली-110023

SECRETARY  
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D.O. No. S-11012/34/2016-IEC

19<sup>th</sup> April, 2016

Dear Secretary,

As you are aware, the preparations for the celebration of 2<sup>nd</sup> International Day of Yoga on 21<sup>st</sup> June, 2016 are underway. The Government of India has decided to take forward the momentum created by International Day of Yoga, 2015 with greater and more active participation of youth during the current year celebrations. The main programme would be the Mass Yoga Demonstrations from 7 AM to 8 AM by following the Common Yoga Protocol (CYP) at the State, District, Block and Panchayat levels. For this purpose the CYP developed last year has been further revised. A copy of booklet of Common Yoga Protocol (in Hindi & English) is enclosed. The booklet is also available on the Ministry's website: [www.indianmedicine.nic.in](http://www.indianmedicine.nic.in). An instructional DVD on CYP is also being prepared and will be sent to you shortly. Other events could include Yoga Fests, seminars, workshops, musical and cultural programme based on Yoga.

2. The celebration of International Day of Yoga would involve a very elaborate training programme on Common Yoga Protocol for Mass Yoga performance as well as discourses, lectures and talks by eminent Yoga experts. Various reputed and eminent Yoga institutions have agreed to support the efforts of the Government by providing training to trainers and other expert advice in celebration of International Day of Yoga, 2016. The list of Yoga institutions is enclosed.

3. I would be grateful if you could issue necessary instructions to all officers of your Ministry/Department and attached & subordinate offices located in different parts of the country to prepare a detailed action plan for celebrating the International Day of Yoga. A Nodal Officer of your Ministry/Department may kindly be nominated and details communicated to Shri Ramanand Meena, Deputy Secretary, Ministry of AYUSH (Tel: 24651965), Mob: 986819777 for seamless coordination. I would also request you to forward your Plan of Action to my Ministry by 21/4/2016.

With kind regards,

Encl: As Above

Yours sincerely,

*Asharan*

(Ajit M. Sharan)

All Secretaries to Govt. of India / Chairman, Railway Board



**List of Yoga Institutes providing Technical Support for celebration of IDY-2016**

- 1) Isha Yoga Foundation, Coimbatore
- 2) SVYASA University, Bangalore
- 3) Kaivalyadhama, Lonavla, Pune
- 4) Bihar School of Yoga, Munger
- 5) Dev Sanakriti Vishwavidyalaya, Haridwar
- 6) The Art of Living Foundation, Bangalore
- 7) Patanjali Yogapeeth, Haridwar
- 8) Morarji Desai National Institute of Yoga, New Delhi
- 9) The Art of Living, New Delhi
- 10) Brahma Kumaries University, Mount Abu
- 11) The Yoga Institute, Santa Cruz, Mumbai
- 12) Lakulish Yoga University, Ahmedabad
- 13) Mokshayatana, Yogashram, Saharanpur
- 14) Ramakrishan Mission, Kolkata
- 15) Ramamani Iyengar Memorial Yoga Institute, Pune
- 16) Amrita University, Amrita Puri, Kerala
- 17) Krishnamachari Yoga Mandiram, Chennai
- 18) Vidya Bharti, Mahatma Gandhi Marg, New Delhi
- 19) Parmartha Niketan, Haridwar
- 20) Gurukul Kangri Vishwavidyalaya, Haridwar
- 21) ICYER, Pudcherry