



भारतीय कृषि अनुसंधान परिषद
INDIAN COUNCIL OF AGRICULTURAL RESEARCH
कृषि शिक्षा संभाग/AGRICULTURAL EDUCATION DIVISION

मानव संसाधन प्रबंधन एकक/HRM UNIT

कृषि अनुसंधान भवन-II, पूसा, नई दिल्ली - 110012
Krishi Anusandhan Bhavan -II Pusa, New Delhi 110012

F. No. Ag. Edn. 3/22/2021-KAB. 14345-570

Dated: 21.06.2023

OFFICE MEMORANDUM

Subject: - Two days Online Workshop on Stress Management (SM-10) to be held from 07-08 Aug, 2023 by ISTM, New Delhi.

The Institute of Secretariat Training and Management (ISTM), Department of Personnel and Training, Ministry of Personnel, Public Grievances and Pensions, Gol, New Delhi has invited nominations for two days Online Training Course / Workshop on **"Online Workshop on Stress Management (SM-10)"** for Senior and middle management in Govt. Public Sector and Nationalized Banking & Insurance Sectors from 07-08 Aug, 2023.

The objectives of the workshop include: To equip participants with the requisite knowledge, skill and attitude relating to the management of stress. The course content includes: Identify symptoms and causes of stress, explore mechanisms of coping with stress and Prepare an action plan to manage stress.

The officers who need to attend above training course may send their nomination in the prescribed nomination format through proper channel (HRD Nodal Officer/Reporting Officer) to HRM Unit, ICAR HQs latest by **26.06.2023** for onward transmission to ISTM, New Delhi. The nomination form is also enclosed here. The nomination may not be sent online directly to ISTM until it is approved by the Council. The course fee of Rs.2000/- per participant shall be met out from ICAR HQs scheme-HRM Budget head for 2023-24.

The officers who have already attended the training course need not apply. The applicants will not be allowed to withdraw their nominations after acceptance by ISTM, New Delhi. The participation in the above training course will be subject to acceptance of nomination by ISTM, New Delhi and also further orders from the Council.

(Anjali Sharma)

Under Secretary (HRM)

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Sohrm2018@gmail.com;

Encl: As Above

Distribution: -

1. All Officers / Sections of ICAR HQs. at KB/KAB-I & II/ NASC, New Delhi.
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6. PS to ADG (HRM), Ag. Education Division, KAB-II
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Institute of Secretariat Training & Management

Online Nomination Form

Participants Login

*Select Course	Select Course ▼		
*Have you previously attended any course at ISTM?	<input type="radio"/> Yes <input checked="" type="radio"/> No		
*Mobile No.	+91		
*First Name	Select title ▼	Middle Name	*Last Name
Name in Hindi	* Father's / Spouse's / Mother's / Guardian's name		
*Gender	Select Gender ▼	*Category	Select Category ▼
*Differently Abled	<input type="radio"/> Yes <input checked="" type="radio"/> No		
*Date of Birth	* Educational Qualification		
* Service	Select Service ▼	* Designation / Rank	Select Designation / Rank ▼
*Level of Pay Matrix	Select Level ▼		
*Date of Joining Service	* Date of Joining Current Post		
* Brief Service Particulars			

ORGANISATION DETAILS

* Organisation Name	* Organisation Type	Select Organisation Type ▼
* Organisation Email	* Organisation Phone	
* Organisation Street Address		
* Organisation City	* Organisation Pincode	
* Organisation State	Select Organisation State ▼	

PERSONAL / RESIDENCE DETAILS

Aadhaar Number	*Email
* Street Address	
* City	* Pincode
*State	Select Residence State ▼

OTHER DETAILS

* Emergency Contact Details

*How the training is likely to benefit the nominee as well as the organisation (in 2 lines).

5/6/2019

Online Nomination Form | Institute of Secretariat Training & Management | Govt. of India

Whether Hostel Accommodation is required

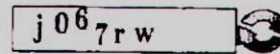
☒ Yes ☐ No

*I certify that the above information is correct

(Checked = Yes; Unchecked = No;)

आमंत्रित किया गया है कि आप अपने आवेदन के साथ आवश्यक दस्तावेजों को संलग्न करें।
आपका आवेदन केवल तभी स्वीकार किया जाएगा जब तक कि सभी आवश्यक दस्तावेजों को संलग्न किया गया हो।

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